



2019 MENTOR PROGRAM

Our Year In Review

Leading the way in coaching sustainability and prevention for young people



Program Aim



The Mentor Program aims to increase the formal support structures of coaching at the club for junior coaches by the end of season 2019 and offer opportunities for young people to maintain meaningful connection to community and enhance life skills that contribute to prevention of mental health challenges.

Objective 1

Design and Implement 4 sessions

- Orientation (x2)
- Mid-season review
- End of year celebration/review

"JCs and Mentors meet and greet prior to season start"



Objective 5 &6



The Coaches increase their knowledge of mentoring to best support Junior Coaches

Junior Coaches increase their capacity to apply their learnings as Junior Coach within their teams

"I think my mentor was really helpful in supporting me as he was giving good input"

"This role helped me to stay involved in the game when I was prepared to walk away"



Objective 2



Mentees improve their capacity to deal with life's challenges

"I love the structures and goals that were put in place for my son to grow in areas he wanted to. It was also great for his confidence and reward for knowing he was doing good for the community."



Objective 3



The Mentor Program adds positive value to the program participants, club and its members

"Community within a club"

Objective 4



Begin to pilot one on one mentor partnerships for junior members who required more intensive support and opt in mentors.



Objective 7



Mentees and Mentors rate the mentor model of support as positive and worth developing further in the future

"A form of succession planning for Ormond JFC"

Objective 8



Mentors see their contributions as being worthwhile, to both themselves and their mentees

